ダイエットガールズ

DIET GIRLS

SARANO ANRI
坂野杏梨

GOOD MORNING EVERYONE!!!
アア!
IT'S A GREAT DAY, AND SO'S THE TEA!!!!
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HUH!? WHAT'S WRONG, KANAKO-CHAN!!
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you... you gave me a shock...
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ビクビク
WHAT!? YOUR SKIRT DOESN'T FIT ANYMORE!?
Y, YEAH.
I THINK I GOT A LITTLE FATTER RECENTLY...

OH YEAH! YOU SAID BEFORE THAT YOU LIKED MAKING SWEETS, RIGHT!?
THAT'S DEFINITELY THE REASON WHY!!
WHAT DID YOU EAT YESTER-DAY!?
EH...?
I TOASTED FIVE PANCAKES FOR BREAKFAST, HAD TEN FRUIT SANDWICHES FOR LUNCH, BAKED A TRAY OF COOKIES FOR TEA, AND MADE A CAKE AT NIGHT. I THOUGHT THAT WAS PRETTY BALANCED...
THAT'S ALL SUGAR, ISN'T IT!!!
I KNEW THAT I SHOULD BE WATCHING MY WEIGHT, EVER SINCE I BECAME AN IDOL,
BUT I KEEP ON MAKING SWEETS UNCONSCIOUSLY, AND END UP OVEREATING...
WHAT SHOULD I DO?
JUST LEAVE IT TO ME!!

EH?
WHY DON'T YOU JUST GO ON A DIET!?
WA-
WAIT FOR ME!
COME ON, LET'S GO!!!
IT'S OKAY!!
I'LL BE AROUND TO GIVE YOU ADVICE!!
BUT... BUT, I'VE NEVER GONE ON A DIET BEFORE-
RUNNING AROUND AND GETTING YOUR SWEAT FLOWING IS HOW YOU'RE GONNA BURN AWAY THOSE CALORIES!!!
THE MOST IMPORTANT PART OF A DIET IS EXERCISE!!

UM... I'VE NEVER PLAYED RUGBY BEFORE...
IT'S FINE! DON'T BE AFRAID !!!
A RUGBY BALL LOOKS LIKE THAT KIND OF SWEET, DOESN'T IT!?
IT'S NOT SCARY WHEN YOU THINK OF IT THAT WAY!!
THAT'S... NOT A SWEET. THAT'S CURRY BREAD.
ANYWAY, JUST TRY CATCHING MY PASSES!!
UM, OKAY...
I'M JUST STARTING OUT, SO PLEASE GO EASY ON ME... OKAY?
GOT IT!! NICE AND EASY, HERE WE GO!!
CATCH!
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ゴオオオン…
SORRY, I TOSSED IT A LITTLE TOO HARD!!!
Even though you said you'd take it easy…
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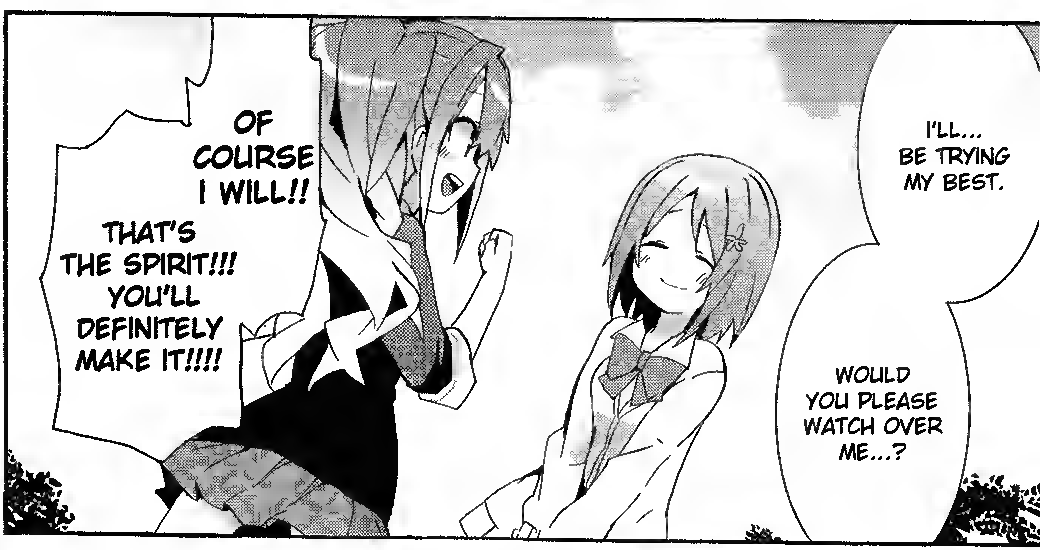
I CAN'T TAKE IT ANY-MORE…
I JUST WANT TO GO HOME AND MAKE SOME COOKIES…
SORRY, SORRY!
WE'LL JUST GO FOR A NORMAL RUN, OKAY!?

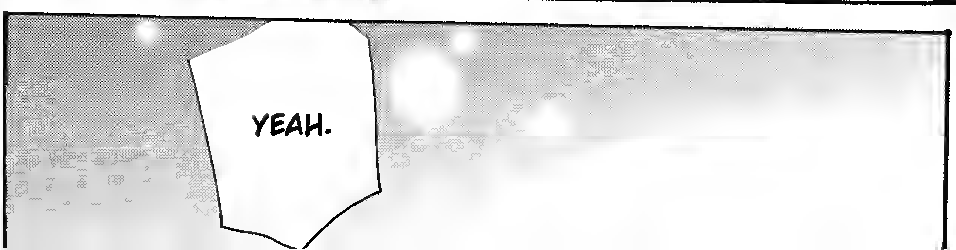
I'M OKAY IF WE'RE JUST GOING FOR A RUN...
YEAH, THAT'S FINE.
YOU WANT ME TO CARRY THAT AS WELL...?
THEY'RE FILLED WITH COLD GREEN TEA! IT HELPS PREVENT HEAT-STROKE, YOU KNOW!?
IF YOU'RE WORRIED ABOUT THAT, WHY CARRY THEM IN THE FIRST PLACE?
HUH!? YOU MEAN YOU DON'T NORMALLY DO THIS!!?
I DON'T THINK ANYONE IN THIS COUNTRY NORMALLY DOES THIS...!

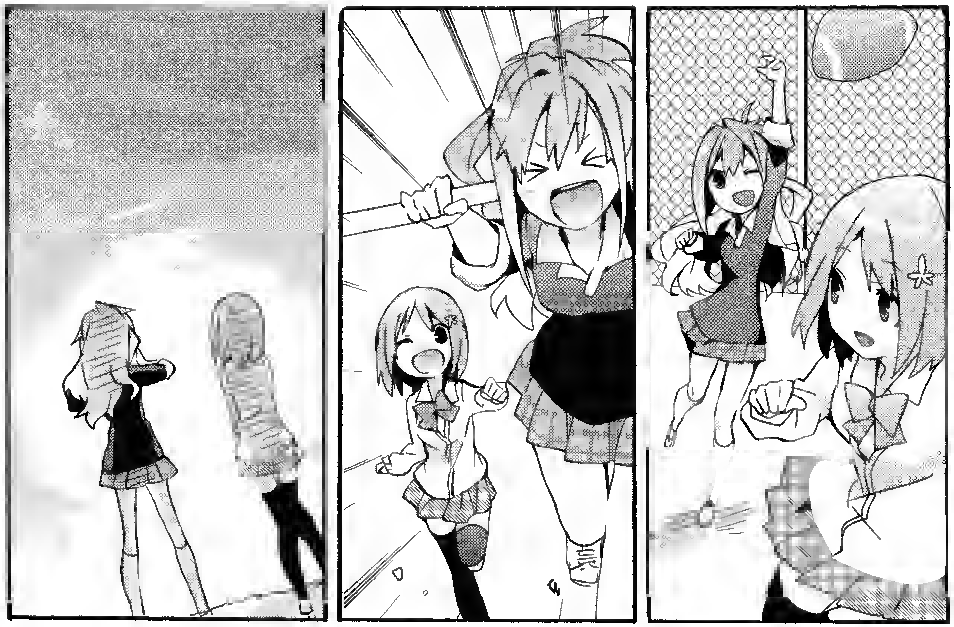
REALLY, I JUST CAN'T KEEP TO A DIET...
I'M NOT AS ENERGETIC OR AS STRONG AS YOU, AKANE-CHAN!
IT'S OKAY IF I GET FAT! YOU DON'T HAVE TO HELP ME OUT...
KANAKO-CHAN...
.....
YOU IDIOT!!

DON'T SAY SAD THINGS LIKE "IT'S OKAY FOR ME TO GET FAT"!!!
YOU CAN'T JUST GIVE UP LIKE THAT!!
I JUST WANT TO HAVE A FUN TIME AS AN IDOL WITH YOU, KANAKO-CHAN!!
I WANT US TO STAND ON STAGE TOGETHER IN CUTE COSTUMES AND THINGS LIKE THAT!!!
AS LONG AS YOU PUT YOUR HEART INTO IT, ANYTHING'S POSSIBLE!!!

AKANE-CHAN...
YEAH... YOU'RE RIGHT.
I SHOULDN'T BE WHINING ABOUT SOMETHING LIKE THIS...!!


I'LL... BE TRYING MY BEST.
WOULD YOU PLEASE WATCH OVER ME...?
OF COURSE I WILL!!
THAT'S THE SPIRIT!!! YOU'LL DEFINITELY MAKE IT!!!!


YEAH.



I'VE GIVEN MY ALL FOR THIS. IT'LL BE ALRIGHT...
I'LL DEFINITELY HAVE SLIMMED DOWN!
I'M HOPING FOR 40-SOMETHING!
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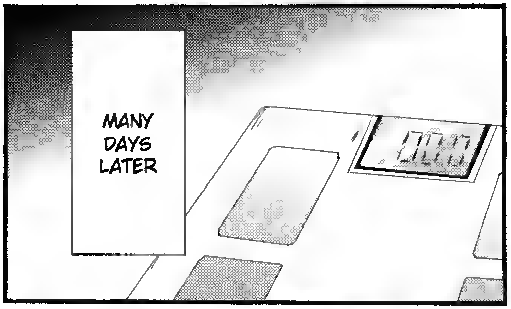
MANY DAYS LATER

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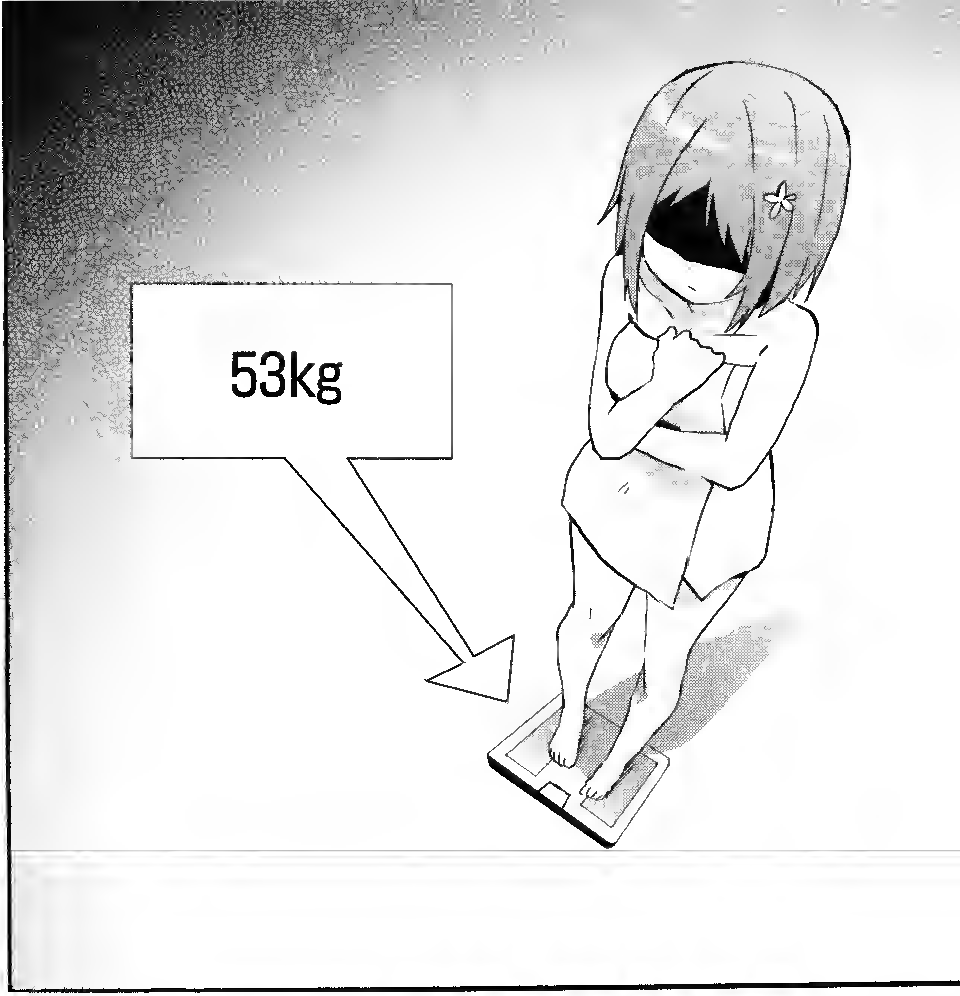
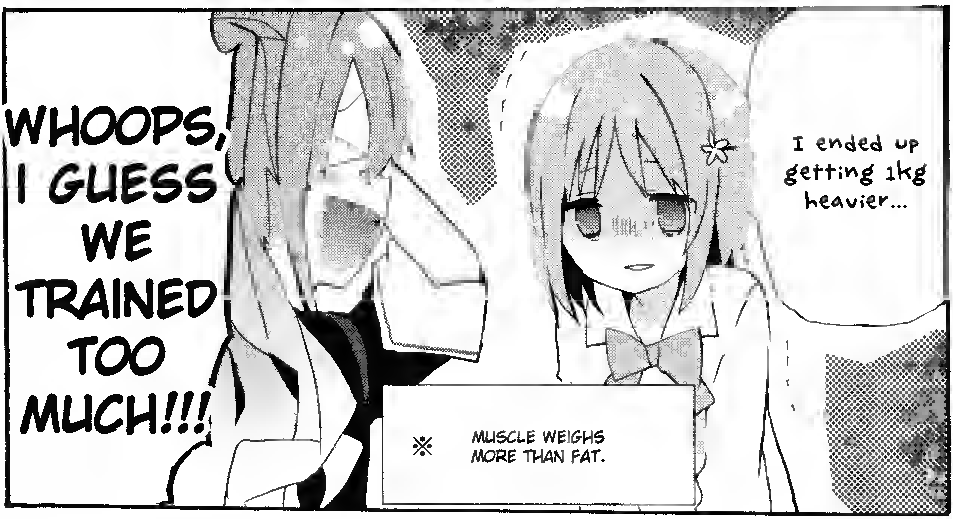

53kg


WHOOPS, I GUESS WE TRAINED TOO MUCH!!!
I ended up getting 1kg heavier...
※ MUSCLE WEIGHS MORE THAN FAT.

END